



SINDHI COLLEGE

(Sponsors: Sindhi Seva Samithi)

#33/2B, Kempapura, Hebbal, Bangalore- 560024

Permanently affiliated to Bengaluru City University Recognized by UGC under 2 (f) & 12 (b)

An ISO 9001:2005 certified institution



RE-ACCREDITED B** CGPA2.96

DEPARTMENT OF PSYCHOLOGY

ABSTRACT

ACADEMIC YEAR 2022-2023 (ODD & EVEN SEMESTER)

Type of Activity	Name of Activity	Topic	Date	Total Activities
Departmental Activities	Awareness Rally-cum-Street Play	Mental Health	2/6/2023	02
	Debate	Gossips	10/6/2023	

HEAD OF THE DEPARTMENT
Dept. of Psychology, SINDHI COLLEGE
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DEPARTMENT OF ARTS

DEBATE: " For & Against Gossip "

Date & Time of the Programme	10/06/2023
Type of the Programme co-curricular /extra-curricular/cultural/sports/NSS/NCC/Industry-Institute Interactive/ Extension Activities/ Outreach/Capacity building/ others)	Capacity Building- Debate
Class	II, IV, VI SEM BA
Total No. of Students	38
Organizing Department	Journalism & Psychology
Programme In charge	Koushik R & Sandesh Zephaniah
Objective:	The primary objective of a debate for and against gossip is to explore its potential benefits and harms in interpersonal relationships and society.
Issues / Key factors addressed:	Trust & Reputation in interpersonal relationships and society.
Impact/ Outcome:	The impact/outcome of the debate for and against gossip can be a better understanding of its potential consequences, leading to more thoughtful and responsible communication in personal and professional relationships.

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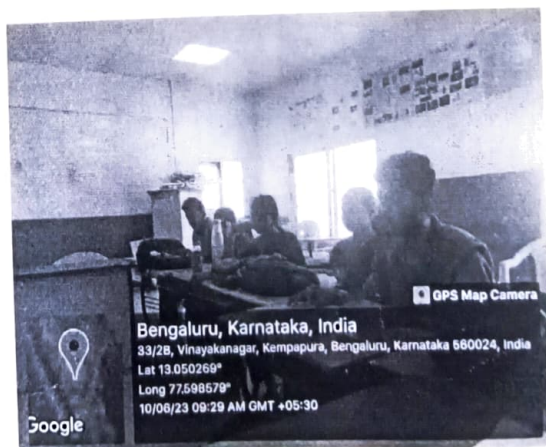
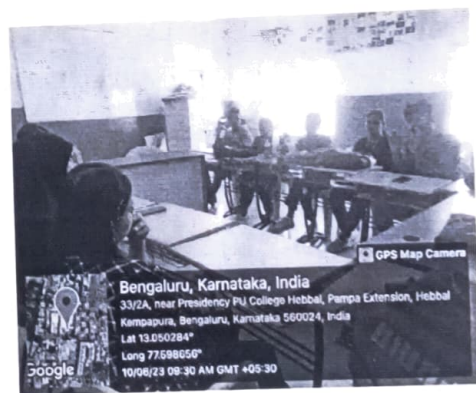
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Dr. D.S. Srinivas
 Director
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REPORT

A debate "for and against gossip" was organized for BA students, with the aim of fostering critical thinking and promoting responsible communication. The debate explored the potential benefits and harms of gossip in interpersonal relationships and society, with a focus on its impact on trust and reputation.

The students presented thoughtful arguments and engaged in a lively and respectful discussion, examining the nuances of the topic from different perspectives. The debate provided an opportunity for students to develop their communication and analytical skills, and to gain a better understanding of the role of gossip in human interactions. Overall, the debate was a success, with participants demonstrating a high level of engagement and intellectual curiosity.

Gallery





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DEPARTMENT OF PSYCHOLOGY

MENTAL HEALTH AWARENESS RALLY-CUM-STREET PLAY

Date & Time of the Programme	2/06/2023
Type of the Programme co-curricular /extra-curricular/cultural/sports/NSS/NCC/Industry-Institute Interactive/ Extension Activities/ Outreach/Capacity building/ others)	Outreach (Awareness Rally-cum-street play)
Class	II, IV, VI SEM BA
Total No. of Students	38
Programme In charge	Sandesh Zephaniah
Objective:	The primary objective is to increase public awareness and understanding of mental health issues. The rally and street play aim to educate the community about the importance of mental health and challenge the stigma associated with mental illnesses.
Issues / Key factors addressed:	Reduction of stigma associated with mental illness
Impact/ Outcome:	Students feel empowered and motivated to become advocates for mental health and spread awareness among their peers and communities.

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REPORT ON MENTAL HEALTH AWARENESS RALLY-CUM-STREET PLAY

The Department of Psychology at Sindhi College organized a mental health awareness rally cum street play in Kempapura, which saw enthusiastic participation from BA students. The event was aimed at reducing stigma associated with mental illness and increasing awareness about the importance of mental health.

The rally began in the morning, with students marching through the streets of Kempapura. They carried placards with messages promoting mental health awareness and chanted slogans encouraging people to seek help when needed. The rally culminated in a street play performed by the students, which was well-received by the local community.

The street play depicted various scenarios related to mental health challenges, such as depression, anxiety, and substance abuse. It emphasized the importance of seeking professional help and showcased the role of family and friends in supporting and encouraging individuals who are struggling with mental health issues.

The event garnered positive feedback from the community, with many people expressing their admiration for the initiative taken by the students. By reducing stigma and raising awareness about mental health, the students of Sindhi College have made a significant contribution towards promoting mental well-being in their community.

Overall, the mental health awareness rally cum street play organized by the Department of Psychology at Sindhi College was a resounding success. The event was a testament to the dedication and commitment of the students towards promoting mental health awareness and reducing stigma associated with mental illness.

GALLERY:

